

Progressive Drug Educators

Our Program: Our initial offering will be a 4-6 hour program for 6th-10th grades, designed for direct delivery on DVD, with the essential follow-up Q&A as a regular webcast and/or podcast. In this way, **families**, rather than schools, can take up this critical issue. While some may find it challenging to work with this material at home, we believe the rewards will be well worth the effort.

A preliminary outline of the program includes:

A look at consciousness alteration – Brain Wave Theory
What happens when we watch Television?

Psychological Motivations – Seeking Pleasure and Avoiding Pain
Why people say yes to drugs in the first place

What Are *You* On? – Sugar, Chocolate, & Caffeine
Real world introduction to drug use theory and neurochemistry

Chinese Medicine and Holistic Health - Understanding the mind body connection
Consciousness Alteration & Human Behavior

History of Drug Use – A little recognition of how we got to this point
Drugs and Society – Controversy and Hypocrisy

Alcohol - Brain killer #1
Nicotine – Lung Killer #1
Pharmaceuticals – Adderall to Zanax - More available and more troubling

Huffing and Kitchen Highs
Cheap, available, and dangerous

Weed and the “Gateway” Theory
Valid theory or not, weed is the frequently point of entry into drug culture

Acid to Xstasy
Psychedelics, their historic context and current status

The Marketing of consciousness, and how to read the signs
Social Pressure - Staying Cool

Being a teen is not easy, and neither is parenting one
Dealing with emotions and family dynamics

Self Awareness Assessment – Just say Know